



A Starker Exchange for Family Homeownership Down Payments [August 2025]

PROPOSAL

- Exclusion/deferral of long term capital gains on a sale of up to \$50,000 in stocks/bonds/mutual funds/publicly traded REITs or taxable gains (over exclusion) on the sale of a principal residence.
- 100% of sale proceeds must be gifted to a child or grandchild - and used by them within 6 months as a down payment on a first-time home purchase.
- An eligible child or grandchild must be a “first time homebuyer” – using the same definition that applies to a penalty waiver for an IRA withdrawal for a first-time home purchase.
- The purchase price of the home cannot exceed the FHA single family loan limit in the local area.
- The capital gain that is excluded is subtracted from the basis of the 1st time home purchase.

This creates a new type of Starker (1031) Exchange, with a tax deferral where the homebuyer would later pay a capital gains tax if the \$250k/\$500k principal residence exclusion is exceeded.

- The \$50,000 cap is a lifetime cap for each taxpayer. However, the exclusion may be taken for more than one child or grandchild, subject to the \$50,000 cap.
- Mutual fund capital gains distributions would not be eligible, as these are not voluntary sales.

BACKGROUND

- *“For first-time buyers, a major challenge is coming up with a down payment, which can be exacerbated by rising home prices.”* [[Office of Comptroller of the Currency On Point 9/24](#)]
- Countless articles have highlighted the significant financial challenges younger families and individuals face in saving up cash for a down payment: [[NY Times](#); [CNET](#); [WSJ](#); and [WSJ](#)]
- Tens of trillions of dollars are tied up in stocks, mutual funds, and REITs with taxable gains.
- It makes no sense to have seniors with appreciated stock elect to hold the stock until they die to get the basis step-up and only then pass the assets along to their children and grandchildren. This proposal allows the same tax outcome NOW to help their children or grand-children buy a home.
- This quasi Starker exchange proposal for principal residence real estate is a targeted, tax-efficient way to unlock these investments to help the next generation(s) buy a home.
- Factoring in the high percentage of stocks that will end up using a basis step-up, the taxpayer cost per dollar of down payments is significantly lower than other programs like HOME or CDBG.

E.g., use of \$10,000 in CDBG funds for a down payment costs taxpayers \$10,000 – but would cost taxpayers only \$750 [assuming a 50% gain to date] – and then only many years from now when the stock is otherwise sold – or in most cases \$0 if the stock is otherwise held to death.